# TABLE OF CONTENTS

I. Welcome Letter ........................................................................................................... 2
II. Psychology Department Goals for Undergraduates ................................................. 3
III. Opportunities for Psychology Students .................................................................. 5
IV. Faculty ...................................................................................................................... 7
V. Requirements for the Major ...................................................................................... 12
   A. Requirements for the Psychology Major ............................................................... 12
   B. Critical Facts about Course Sequencing .............................................................. 13
VI. Succeeding in the Major .......................................................................................... 14
   A. Administrative Issues .......................................................................................... 14
   B. Course work ......................................................................................................... 15
   C. Working and Going to School ............................................................................ 15
   D. Advising .............................................................................................................. 16
   E. The Outside Activity Requirement .................................................................... 16
   F. The PSY 310 Research Proposal and Psych 401 Project .................................... 17
   G. Get Involved ........................................................................................................ 17
      1. Psi Chi and Psychology Club .......................................................................... 17
      2. Other Ways to Get Involved ......................................................................... 17
VII. Preparing For the Future ......................................................................................... 19
   A. Degrees in Psychology ....................................................................................... 19
   B. Career Possibilities ............................................................................................ 19
   C. Exploring Career Directions ............................................................................ 30
      1. PSY 358 ........................................................................................................ 30
      2. Career Services .............................................................................................. 30
      3. Co-op ............................................................................................................ 30
   D. Graduate School .................................................................................................. 31
      1. General Information ...................................................................................... 31
      2. Four-Year Plan for Getting Into Graduate School .......................................... 32
      3. Information about the GRE (Graduate Record Exam) .................................. 34
      4. Research Opportunities at EKU ................................................................... 35
VIII. Reasons to Major in Psychology .......................................................................... 36
IX. Course Descriptions ............................................................................................... 38
X. Opportunities to Study Abroad ............................................................................... 45
XI. Frequently Asked Questions .................................................................................. 46-49
XII. Curriculum Guide ................................................................................................. 50
XIV. Psychology and the Criminal Mind ...................................................................... 51
XV. Psychology and the Skills Employers Want ......................................................... 55

*cover art by Steve Falkenberg, Professor Emeritus*
Welcome to the EKU Department of Psychology

On behalf of our faculty and staff, welcome to the Department of Psychology at Eastern Kentucky University. Congratulations on your decision to join a caring community of faculty and students who share a sense of excitement about the science of psychology. Your courses covering core and specialized topics will expose you to a stimulating range of questions and ideas about human behavior. A degree in psychology will prepare you for a wide range of career options and offers a solid foundation for further graduate level study. You will find our faculty to be exceptional teachers, mentors, and advisors who are excited about their work and strongly committed to student success. You will also find them easily accessible and eager to get to know you. Our department is nationally recognized for promoting student and faculty collaboration on research projects. Each year a number of our undergraduates are coauthors of papers published and presented at professional meetings.

We pride ourselves on our relaxed and student-friendly environment. The Cammack Building, home to the Psychology Department, features student lounge/study areas as well as state of the art equipment in our classrooms and computer lab. We have two active student organizations: Psi Chi (the national psychology honor society) and the Psychology Club (open to all students interested in psychology). The department sponsors a frequent event called the Lunch Bunch (faculty and the Psychology Graduate Student Organization provide food, students eat for free) which provides an opportunity for students and faculty to meet and talk outside of the formal academic setting. We encourage you to participate in these unique opportunities for social and academic engagement.

This Undergraduate Student Handbook is designed to familiarize you with our departmental policies and procedures and to provide information that will make your life here easier. I encourage you to read it, keep it handy, and refer to it often. I also encourage you to discuss any questions you have with your advisor.

Again, welcome. Please feel free to drop by my office if you have any concerns or if you just want to say hello.

Dr. Robert Brubaker  
Chair, Department of Psychology  
Cammack 127  
622-1105  
robert.brubaker@eku.edu

P.S. Be sure to visit the Psychology Department website, www.psychology.eku.edu, follow us on Twitter, and join us on Facebook.
Psychology Department Goals for Undergraduates

The mission of the Department of Psychology at Eastern Kentucky University is to empower students through the study of psychology to lead more satisfying, personal, professional, and intellectual lives.

The department faculty have adopted the following student learning outcomes for psychology majors. We are committed to helping students achieve these objectives by the time they graduate with a degree in psychology from EKU.

Goals for Undergraduate Students

Goal #1: Psychological Theory and Content

- Students will understand major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

Goal #2: Research Methods and Information Literacy

- Students will demonstrate information competency and the ability to use technology for diverse purposes.
- Students will appreciate the important of using scientific inquiry rather than only personal experience and history.

Goal #3: Critical and Creative Thinking

- Students will use critical and creative thinking, skeptical inquiry, and, when appropriate, the scientific method when solving problems related to behavior and mental processes.

Goal #4: Application of Psychology

- Students will understand and apply psychological principles in many areas of life.
- Students will develop insight into the mental processes and behaviors of self and others, as well as those of social groups and institutions.
- Students will apply informed and effective strategies to promote adaptive outcomes for self and others, in personal, social, and organizational interactions.
Goal #5: Ethical and Social Responsibility

- Students will apply ethical standards in the evaluation and engagement in psychological science and practice.
- Students will demonstrate a recognition and understanding for the complexity of diverse human gender, culture, ethnicity, life choices, behaviors, and abilities.

Goal #6: Communication & Collaboration

- Students will demonstrate competence in written, oral, and interpersonal communication skills.
- Students will be able to collaborate effectively in diverse interactions.

Goal #7: Maximize Student Success

- Students will pursue realistic ideas about how to implement their psychological knowledge, skills, and values in occupational pursuits in a variety of settings that meet personal goals and societal needs.
Opportunities for Psychology Students at EKU

Get to know the faculty.

1. Come to the Lunch Bunch. Look for announcements around the Cammack Building for free lunch with other students and faculty. Everyone is welcome.

2. Work with faculty mentors to pursue specialized topics in Psychology. Enroll in PSY 497 (Topics in Psychology), PSY 402 (Independent Work in Psychology), PSY 403 (Practicum in Psychology), and/or PSY 401 (Senior Research Seminar).

3. Faculty have an open-door policy and welcome the opportunity to talk with students. Feel free to discuss issues with any member of the faculty.

4. Develop a good working relationship with your advisor, who can help you choose classes and make important career decisions.

Gain real world work experience, learn new skills, enhance your resume, make important contacts, and enhance your graduate school application.

5. Enroll in PSY 349 (Co-op). See Dr. Lorden

Gain research experience.

6. Collaborate with faculty on research projects (informally or by registering for PSY 401 and/or 402).

7. Present your work at professional conferences.

8. Co-author publications with faculty.

Become involved in the psychology community beyond the classroom.

9. Join the Psychology Club (see Drs. Botts, Lawson, or Osbaldiston).

10. Join Psi Chi, the national psychology honor society (see Drs. Botts, Lawson or Osbaldiston).

11. Attend lectures. Look for announcements around the Cammack Building.
12. Participate in professional development activities. The Psychology Department financially assists students who travel to professional conferences.

13. Participate in the KPA Psych Bowl competition (see Psi Chi Advisor for details).

Learn how to make important decisions about your future.

14. Enroll in PSY 358 (Beyond the Undergraduate Degree. TRANSFER STUDENTS be sure not to miss this opportunity.

15. Discuss your future with your advisor and other faculty members. Take advantage of your advisor’s expertise and experience.

16. Explore different career directions by enrolling in co-op (PSY 349). Take advantage of opportunities afforded by a flexible curriculum to pursue a second major or minor.

Receive financial support and recognition for your accomplishments.

17. Apply for the Knapp Scholarship, Hindman Scholarship, and the Kennamer Scholarship (see Dr. Botts for details).

18. Apply for student research support money (see Dr. Winslow for details)
Department of Psychology Faculty Directory

**Theresa Botts, Ph.D.** (Assistant Professor, Psi Chi Advisor)

Office Number: Cammack 233  
Office Phone: 622-2318  
Email Address: [theresa.botts@eku.edu](mailto:theresa.botts@eku.edu)  
Ph.D. University of Kentucky, 2001  
Professional Interests: cognitive behavior therapy, feminist perspective, trauma work and gender issues

**Robert G. Brubaker, Ph.D.** (Foundation Professor and Chair; Director, Psychology Clinic)

Office Number: Cammack 127  
Office Phone: 622-1105  
Email Address: [robert.brubaker@eku.edu](mailto:robert.brubaker@eku.edu)  
Ph.D. University of South Florida, 1984  
Professional Interests: clinical psychology, behavior therapy, children with conduct problems, parenting, psychology and art

**Myra Beth Bundy, Ph.D.** (Professor)

Office Number: Cammack 106  
Office Phone: 622-1003  
Email Address: [myrabeth.bundy@eku.edu](mailto:myrabeth.bundy@eku.edu)  
Ph.D. University of South Carolina, 1996  
Professional Interests: clinical psychology, mental retardation, autism, neuropsychological assessment, children and families, developmental psychopathology

**Catherine A. Clement, Ph.D.** (Professor)

Office Number: Cammack 203  
Office Phone: 622-1114  
Email Address: [catherine.clement@eku.edu](mailto:catherine.clement@eku.edu)  
Ph.D. Clark University, 1986  
Professional Interests: cognitive psychology, problem solving, analogical thinking, metaphor
Dan Florell, Ph.D. (Assistant Professor)

Office Number: Cammack 202  
Office Phone: 622-1291  
Email Address: dan.florell@eku.edu  
Ph.D. Illinois State University, 2000  
Professional Interests: school psychology, cyberbullying

Jon Gore, Ph.D. (Associate Professor)

Office Number: Cammack 116  
Office Phone: 622-1115  
Email Address: jon.gore@eku.edu  
Ph.D. Iowa State University  
Professional Interests: social psychology, close relationships, relational goals

Jaime Henning, Ph.D. (Associate Professor, Coordinator of I/O Graduate Program)

Office Number: Cammack 217  
Office Phone: 622-8178  
Email Address: jaime.henning@eku.edu  
Ph.D. Texas A&M University  
Professional Interests: I/O psychology, volunteerism, citizenship behavior

Adam Lawson, Ph.D. (Associate Professor)

Office Number: Cammack 112  
Office Phone: 622-1564  
Email Address: adam.lawson@eku.edu  
Ph.D.: Oklahoma State University, 2001  
Professional Interests: cognitive neuroscience, psychophysiology, memory and aging
Rosanne B. Lorden, Ph.D. (Professor, Co-Op Coordinator)

Office Number: Cammack 118
Office Phone: 622-1107
Email Address: rosanne.lorden@eku.edu
Ph.D. University of Georgia, 1986
Professional Interests: experimental psychology, age stereotypes, age differences in memory, Stroop effect, Visual perception, concept formation

Emily Lykins, Ph.D. (Assistant Professor)

Office Number: Cammack 231
Office Phone: 622-3067
Email Address: emily.lykins@eku.edu
Ph.D. University of Kentucky, 2010
Professional Interests: clinical psychology, mindfulness, health psychology, positive psychology, self-regulation

Radhika Makecha, Ph.D. (Assistant Professor)

Office Number: Cammack 223
Office Phone: 622-1105
Email Address: radhika.makecha@eku.edu
Ph.D.: University of Southern Mississippi
Professional Interests: animal studies, comparative psychology, animal behavior and cognition, animal welfare and conservation

Robert Mitchell, Ph.D. (Foundation Professor)

Office Number: Cammack 114
Office Phone: 622-3122
Email Address: robert.mitchell@eku.edu
Ph.D. Clark University, 1987
Professional Interests: Understanding of mirrors and self-recognition in primates, deception in humans and animals, talk to dogs during play, interpretations of animal psychology, psychological interpretations of music, children’s understandings of pretense and false beliefs, interpretations of gays and lesbians, origins of sexual desires
Yoshie Nakai, Ph.D. (Assistant Professor)

Office Number: Cammack 108
Office Phone: 622-1110
Email Address: yoshie.nakai@eku.edu
Ph.D. University of Akron, 2011
Professional Interests: industrial/organizational psychology, aging workforce, job search behavior, cross-cultural issues at work

Teri Nowak, Ph.D. (Associate Professor)

Office Number: Cammack 102
Office Phone: 622-1106
Email Address: teri.nowak@eku.edu
Ph.D. University of Kentucky
Professional Interests: school psychology, early childhood, persons with special needs

Richard Osbaldiston, Ph.D. (Associate Professor)

Office Number: Cammack 102
Office Phone: 622-3055
Email Address: Richard.osbaldiston@eku.edu
Ph.D.: University of Missouri, 2004
Professional Interests: social and personality psychology, quantitative methods, internalization, environmental psychology

Jerry K. Palmer, Ph.D. (Associate Professor)

Office Number: Cammack 232
Office Phone: 622-2531
Email Address: jerry.palmer@eku.edu
Ph.D. Georgia Institute of Technology, 1999
Professional Interests: industrial /organizational psychology, perceptual judgment contrast effect, citizenship behavior, credit history, The Big Five Personality Theory, performance appraisal
Cheryl Ramey (Lecturer, Director of Inner Space Camp)

Office Number: Cammack 122
Office Phone: 622-1105
Email Address: cheryl.ramey@eku.edu
M.S.: Eastern Kentucky University, 1994 (Doctoral Candidate, University of Kentucky)
Professional Interests: research methods/ statistics, clinical psychology, paranormal psychology

Andrea Strait, Ph.D. (Associate Professor, Coordinator of School Psychology Program)

Office Number: Cammack 112
Office Phone: 622-1109
Ph.D.: University of Tennessee, 2005
Professional Interests: school psychology, curriculum-based measurement, academic interventions

Alex Varakin, Ph.D. (Assistant Professor)

Office Number: Cammack 222
Office Phone:
Email Address:
Ph.D.: Vanderbilt University, 2006
Professional Interests: visual perception, cognitive psychology, attention

Steffen Pope Wilson, Ph.D. (Professor)

Office Number: Cammack 201
Office Phone: 622-8677
Email Address: steffen.wilson@eku.edu
Ph.D. University of Georgia, 1997
Professional Interests: development of cognitive inhibition, memory development

Matthew P. Winslow, Ph.D. (Professor)

Office Number: Cammack 217
Office Phone: 622-6171
Email Address: matthew.winslow@eku.edu
Ph.D. University of Minnesota, 1998
Professional Interests: social psychology, prejudice, stereotypes
Dustin Wygant, Ph.D. (Associate Professor, Coordinator of Clinical Psychology)

Office Number: Cammack 218
Email address: dustin.wygant@eku.edu
Ph.D.: Kent State University, 2007
Professional Interests: forensic psychology, assessment, MMPI
Requirements for the Psychology Major  
(Fall 2013 Catalog or later)

UNIVERSITY GRADUATION REQUIREMENTS

- General Education .............................................................................................................. 36 hours
- Foundations for Learning (GSD 101; waived for transfers with 30+ hours)........... 3 hours
- Wellness................................................................................................................................. 3 hours
- Writing Intensive Course (Hrs. incorporated into Major/Supporting/Gen Ed/Free Electives category)
- Upper division courses (42 hrs. distributed throughout Major/Supporting/Gen Ed/Free Electives categories)
- ACCT  (Credit hours may be incorporated into Major or Supporting requirements)
   Psychology majors will select one of the following: PSY 400, or 401, or 579

Total Hours University Graduation Requirements ......................................................... 42 hours

MAJOR REQUIREMENTS

A minimum grade of “C” is required in all courses counted toward the major.

Core Courses................................................................................................................... 46 hours

a) PSY 200, 250 or 250W, 258, 309 or 309W (4), 310
b) And at least 3 hours from each of the following groups:
   1. Biological Bases of Behavior: PSY 311, 315, 315L
   3. Developmental: PSY 312, 314, 316
   4. Social/Personality: PSY 300, 305, 308
   5. Skills: PSY 319, 405, 406, 490, 590
   6. Capstone: 400 or 401 or 579

12 hours of psychology electives. At least three of these must be numbered 400 or above. (PSY 280, 402, and 403 may not be used as a psychology elective.)

123 hours of psychology electives. At least three of these must be numbered 400 or above. (PSY 280, 402, and 403 may not be used as a psychology elective.)
c) PSY 499 Senior Exit Course in Psychology (0 credit hours)

Free Electives....................................................................................................................... 32 hours

TOTAL HOURS TO COMPLETE DEGREE........................................................................... 120 hours

Important Note for Transfer Students and Students who have changed their major:

You should allow at least four semesters to complete the required psychology courses.
We strongly recommend that you take PSY 258 during your FIRST semester.
Critical Facts about Course Sequencing

There is a particular order in which some psychology and supporting courses must be taken. PSY 200 is a pre-requisite for all other psychology courses. PSY 250 and MAT 105 (or higher) are prerequisites for PSY 309, and PSY 309 is a prerequisite for some other PSY courses. Suggested timing for these courses is:

**Freshmen (0-30 hours)**

PSY 200 and PSY 250  
MAT 105, or better yet, MAT 107 or higher (105 is a prerequisite for PSY 309)  
PHI 100 (Practical Reasoning) is strongly recommended.

**Sophomore (30-60 hours)**

PSY 309 (first semester; PSY 309 is a pre-requisite for PSY 310 and several other psychology courses).

PSY 310 (second semester; PSY 310 is a prerequisite for PSY 401, and 400)

**Additional Prerequisites:**

Be sure to check the course descriptions for special prerequisites for 400 level psychology courses, and note that completion of three of the five psychology area requirements is a prerequisite for PSY 400. Also, students must have 15 hours of psychology before enrolling in cooperative study (Co-op) in psychology (PSY 349)

**Transfer students and students changing their major:**

The psychology major typically requires a minimum of 4 semesters to complete.
Succeeding in the Psychology Major

Administrative Issues

1. **Know your undergraduate catalog.** The catalog describes University policies, explains your General Education requirements, provides information about student services and financial aid, lists the requirements for the major, and includes all course descriptions. The catalog is available on the EKU website (www.undergraduatestudies.eku.edu/catalog). Note that General Education requirements are described in Undergraduate Catalog.

2. **Check out the EKU Colonel's Compass** for important dates/deadlines at www.eku.edu/students.

3. **Deadlines to watch for:**
   
a. **Application for Graduation:** December graduates - apply before the end of the preceding April. May and August graduates: apply by the end of the preceding October.
   
c. **Registration:** Check on the on-line schedule book for dates when you can register each semester.

3. **Make sure the university has your correct address (email and regular mail)**

Your EKU email address is the official email address for EKU students. The university and the faculty will send important information to your official student account. Be sure to check it often.
Coursework

1. **Study Time:** The university policy is that you should allow a minimum of 2 to 3 hours outside of class for homework and study purposes for each hour spent in class. Thus, for a 3-unit class, you need to allow for 6 to 9 hours outside class per week for studying. This means you will need to appropriately balance course load and outside responsibilities so that you have sufficient time for your classes. The purpose of the study time is for you to learn course material and to develop general thinking skills, and skills specific to your discipline.

2. **Be an active student:** Use active study practices, e.g., reading with a question in mind, self-testing, and talking with classmates about course material. Also, ask questions in class and in your professor’s office about course material and assignments. Satisfy your curiosity and clarify your confusions by talking with your professor.

3. **Authorship:** Your exams, papers and all other assignments must reflect your own work, unless you are explicitly directed otherwise by your instructor.

Working and Going to School

Many students find it necessary to work and attend school. This is less than an ideal situation in terms of schoolwork, but it is a reality. Often students entering the university for the first time, either from high school or community college, underestimate the amount of time required to do well in their classes. As one progresses in the major, the workload per unit, the difficulty of the course material, and the number and complexity of assignments usually increase. It will then be necessary to reduce either work hours or course load. When work hours and course loads are too high, grades will suffer and stress will be excessive. Often these problems may become apparent when it is too late to drop a class. This means you should consider the work-school balance when registering for classes. You may have to make sacrifices either in terms of fewer units per semester or reducing your income. However, the benefits of doing so are substantial. If you allow sufficient time to study, use the library, and meet with faculty, you will get much more out of your courses and maximize the chances that your grades will reflect your true potential. You will also have more time to get involved in department and university activities. The Psychology Department and EKU have a lot to offer; don’t miss these opportunities because you are overloaded.
Advising

You must see your advisor each semester before you can register. It is important to review your Degree Works report with your advisor, and to discuss with your advisor your long-term goals, progress in your courses and any problems you are having with your experience at EKU. **Your advisor will give you your RAC number, which you need in order to register.**

1. The calendar Colonel’s Compass (www.eku.edu/students) gives the dates when the official Advising Periods begin and end (typically around the end of October and March). During the Advising Period, professors will have sign-up sheets posted outside their office for you to schedule appointments. You may not register without having seen your advisor.

2. Get the most out of your advising appointments. **Before** meeting with your advisor:
   a. Examine your Degree Works report, Schedule of Classes, and Course Descriptions in the Undergraduate Catalog.
   b. Make a list of questions you have about scheduling classes
   c. Make a list of questions you have about long term goals and other matters

3. **As questions and problems arise during the semester, see your advisor for help.**

The Outside Activity Requirement

All students in PSY 200, 250, 309 and 310 are required to earn 6 hours of outside activity credits. These can be earned in various ways such as serving as a participant in research or attending department colloquia. The purpose of this requirement is to expose you to psychology in action. By participating in research and listening to speakers about research and practice, you get first-hand exposure to the science and practice of psychology. Finally, completing outside activity requirements is a great way to get ideas for your own research proposal that you will write in PSY 310 and carry out in 401.
The PSY 310 Research Proposal and PSY 401 Research Project.

One of the requirements for the major is PSY 310 (Statistical Experimental II). In this class you will be asked to develop a research proposal to examine a psychological question. If you go on to PSY 401 you will carry out the proposed research. As you take classes in psychology it is important to keep this project in mind. Keep a list of topics that interest you and questions you might investigate that can form the basis of your proposal. Also, a good way to create a pool of ideas for your proposal is to keep records of all your Outside Activity units. You may want to propose a study similar to one you participated in or read about when fulfilling your outside activity credits. Finally, use psychology faculty (in addition to your course instructor) as resources for this project. Your project can be connected to faculty research, or you can seek the advice of professors who have expertise in areas related to your proposal.

Get Involved

1. Join Psi Chi or Psychology Club.

Psi Chi and Psychology Club are student organizations that provide a way to get to know fellow psychology majors and to participate in a variety of psychology-related activities. For example, Psi Chi and Psychology Club members participate in field trips to enhance their understanding of the psychology profession. They attend conferences such as the Southeastern Psychological Association. And members of the two clubs work together to coordinate community service activities within the local community.

Psychology Club is open to anyone; you do not have to major or minor in psychology to join, and there is no minimum GPA requirement. Membership in Psi Chi is only open to psychology majors. Psi Chi at Eastern Kentucky University is a chapter of the National Honor Society in Psychology, which is located around the nation at more than 1,000 colleges and universities. Becoming a member of Psi Chi gives you an opportunity to attend local, regional and national forums for obtaining information and developing perspectives about the field of psychology. Psi Chi is supportive of student research and offers research grants for undergraduates at the regional, national, and local levels. The department chapter also offers an undergraduate research award. The requirements for Psi Chi include a 3.0 GPA and completion of three semesters of university course work including nine hours of psychology. You can get more information about both organizations, requirements for membership, and application procedures at the psychology department website. Also, see Dr. Theresa Botts the faculty advisor for Psi Chi and Psychology Club.

2. Other ways to get involved.

   a. Get involved in a campus organization or group.
   b. Get to know your classmates.
c. Get to know your professors: talk to your professors about course material, the field of psychology, graduate degrees, EKU, jobs, their research, or their practice as clinical, school, or I/O psychologists. ASK them questions.
d. Get involved in a professor’s research. You can do this either in the course of completing PSY 401, for PSY 402 (independent study) or PSY 403 (practicum) credit, or you can simply get involved as a volunteer (occasionally paid opportunities are also available).
e. Attend talks by colloquium speakers. Each semester the psychology department hosts a colloquium series in which guest psychologist speak about practice or research in psychology.
PREPARING FOR THE FUTURE

DEGREES IN PSYCHOLOGY

**Bachelor’s of Science Degree** (B.S.): Undergraduate degree (4 years)

**Master’s Degree** (M.A. or M.S.): Graduate degree (B.S. plus 2 years)

**Doctor of Philosophy** (Ph.D.): Graduate degree (B.S. plus 4+ years*; or Masters degree plus 2—4 years* (depending on the school)).

**Doctor of Psychology** (Psy. D.): Graduate degree (B.S. plus 4+ years*; or Masters degree plus 2—4 years* (depending on the school)).

*Note: Although Doctoral degrees can be completed in 4 years, most students take 5-6 years (or more). There is typically 3 years of course work and 1+ years to complete the dissertation.

CAREER POSSIBILITIES

**Bachelor’s Degree.**

**Examples of Jobs for Students with a B.S. in Psychology**

**Social Service Agencies**

Child Care/Preschool Provider
Child Care/Preschool Director
Hospital Patient Service Representative
Director/Associate Director of Volunteer Services
Director/Associate Director of Social Services
Program Manager
Museum Management

**Business**

Human Resources Personnel
Sales Representative
Marketing Specialist
Statistical Consultant
Small Business Owner
Market Analyst
Advertising Executive
Newspaper Reporter
Consultant
Hotel Management
Operations/Production/Quality Control Manager

**Colleges/Universities**

Admissions Counselor
Director/Associate Director of Career Services
Director/Associate Director of Advising
Director/Associate Director of Alumni Relations
Financial Aid Counselor

**Government**

Probation/Parole Officer
Director/Associate Director of Parks and Recreation
Program Development and Assessment
Director/Associate Director of Community Relations
Technical Writer

**Churches**

Director of Christian Education
Director of Youth
Campus Ministries Coordinator
Minister

**Public Service**

Congressional Aide
Campaign Manager/Assistant Manager

**Graduate Degrees**

**Jobs with a Masters Degree:** A Non-Terminal Masters degree will prepare you for future graduate work at the Doctorate level. A Terminal Masters degree will prepare you for either future graduate work or for a variety of professional careers.

**Jobs with a Ph.D.** This is a research-oriented degree. It prepares you to work in your chosen field, to conduct research, and to teach at the university level. As such, the Ph.D. is a more
versatile degree than the Psy. D.

**Jobs with a Psy. D.** This is primarily a degree oriented toward clinical practice. Although you will conduct research, the focus of your training will be on learning therapy skills.

**Suggested Courses for Specific Career Interests**

**Students:** This is a guide to help you decide which courses will help prepare you for specific career directive goals. Unless indicated otherwise it is not essential that you take all of the courses recommended. However, consider taking these courses to fulfill your Psychology degree requirements and/or free electives.

**Elective Courses for Jobs at Bachelor’s level**

**BUSINESS**

*MINOR IN BUSINESS*

ACC 201 Introduction to Financial Accounting (3)
ACC 202 Introduction to Managerial Accounting (3)

Four Courses From The Following:

CCT 300 Managerial Reports (3)
CIS 300 Management Information Systems (3)
FIN 300 Business Finance I (3)
GBU 204 Legal and Ethical Environments of Business (3)
MGT 300 Principles of Management (3)
MKT 300 Principles of Marketing (3)

*PUBLIC RELATIONS*

A minor in Public Relations consists of 18 hours. Here are the courses required:

COM 200 Mass Media and Society (3) Fulfills Gen. Ed.12
COM 201 Writing and Reporting the News I (3)
BEM 375 Writing for Electronic Media (3)
PUB 375 Public Relations Principles (3)
PUB 380 Public Relations Writing (3)
PUB 475 Advanced Public Relations (3)
Additional useful courses:

PUB 340 Event Planning and Management (3)
COM 390 Fundraising (3)
PUB 490 Public Relations Campaigns (3)

Beneficial Psychology Courses:

PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get experience in public relations as an undergraduate)
PSY 405 Psychological Interviewing and Reporting (3)

*ADVERTISING / MARKETING / JOURNALISM / DISPUTE RESOLUTION / BROADCASTING*

Minor in chosen field (see Department of Communication in Undergraduate Catalog)

Beneficial Psychology Courses:

PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
PSY 405 Psychological Interviewing and Reporting (3)

CORRECTIONS/JUVENILE JUSTICE

The most helpful courses for psychology majors interested in corrections are bolded below. For students who have enough hours left to work with, a second major is also an excellent choice. Further information can be obtained by going to www.corrections.eku.

COR 100: Orientation to Correctional and Juvenile Justice Studies (2)
COR 106: Workshop (1-6).
COR 201: Introduction to Corrections and Juvenile Justice (3)
COR 301: Institutional Corrections (3)
COR 310: Foundations of Correctional and Juvenile Justice Practice (3)
COR 311: The Juvenile Justice System (3)
COR 315: Legal and Ethical Issues in Corrections and Juvenile Justice (3)
COR 320: Youth Work Practice (3)
COR 321: Juvenile Corrections (3)
COR 330: Community Corrections (3)
COR 340: Correctional and Juvenile Justice Administration (3)
COR 349: Cooperative Study in Corrections and Juvenile Justice (1-6)
COR 350: Correctional Intervention Strategies (3)
COR 375: Applied Skills Practicum (1-3)
COR 388: Criminal Justice Research (3)
COR 400: Applied Criminal Justice Analysis (3)
COR 423: Topical Seminar (1-3)
COR 460: Independent Study (1-6)
COR 470: Delinquency and Crime Prevention (3)
COR 475: Applied Research Practicum (3)
COR 490: Senior Seminar (3)

Beneficial Psychology Courses:

PSY 308 Abnormal Psychology (3)
PSY 349 Applied Learning in Psychology: Cooperative Study (1-8) (Get experience in the corrections field as an undergraduate)
PSY 405 Psychological Interviewing and Reporting (3)
PSY 466 Forensic Psychology (3)

MENTAL HEALTH FIELD

Examples: Mental health associates, Social services

PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get experience in the mental health field as an undergraduate)

Certification in Alcohol and Drug Counseling (Complete application in Department of Health Promotion and Administration)

    HEA 463 Internship in Health Promotion and Administration (1-6)
    HEA 594 Drug Abuse and Dependency (3)
    HEA 595 Alcohol Use and Dependency (3)
    HEA 596 Approaches to Alcohol and Drug Treatment I (3)
    HEA 597 Approaches to Alcohol and Drug Treatment II (3)

Minor in Community Health Education. The requirements for a minor in Community Health Education are:

    HEA 290 Foundations of Health Education (3)
    HEA 360 Community Health Education Process (3)
    HEA 416 Introduction to Public Health (3)
    HEA 450 Interpretation to Health Data (3)
    HEA 455 Introduction to Epidemiology (3)
    HEA 580 Evaluation of Health Promotion Programs (3)
    HEA 598 Health Promotion Program Planning (3)
Plus an additional 3 hours of HEA courses.

*SOCIAL WORK/CASE MANAGEMENT*

Psychology majors might consider the Social Welfare minor for an overview of the field of social work. If the minor is not an option these classes are recommended.

SWK 210 Introduction to Social Work (3)
SWK 358 Child Abuse and Neglect course (3)
SWK 456 Children's Services (3)

Beneficial Psychology Courses:

PSY 308 Abnormal Psychology (3)
PSY 312 Infant and Child Development (3)
PSY 314 Adolescent and Adult Development (3)
PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related social work experience as an undergraduate)
PSY 405 Psychological Interviewing and Reporting (3)
PSY 466 Forensic Psychology
PSY 490 Clinical Psychology (3)

TEACHING/EDUCATION

Seek advice about teaching specific populations from the College of Education

EDF 103 Introduction to Education (1)
EDF 203 Schooling and Society (3)
EDF 319 Human Development and Learning (3)
CSC 104 Computer Literacy with Software Applications (3)
or CIS 212 Information to Computer Information Systems (3)

For Elementary Education:

LIB 301 Children’s Literature and Related Materials (3)
ELE 322 Physical Education in the Elementary School (2)
ELE 361 Art in Elementary Grades P-5 (3)
ELE 362 Music Education for the Classroom Teacher (3)
ELE 365 Health Education P-5 (2)

For Special Education:

SED 104 Special Education Introduction (3)
SED 240 Communication Skills for Hearing Impaired (3) and/or ASL courses

Beneficial Psychology Courses

PSY 313 Learning (3)
PSY 317 Cognitive Psychology
PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get teaching experience as an undergraduate)
PSY 406 Introduction to Behavior Therapy (3)

COACHING SPORT TEAMS

See Coaching Endorsement in Undergraduate catalog

Current CPR certification required by time of graduation as well as:
PHE 212 Care and Prevention of Athletic and Exercise Injuries (3)
PHE 315 Physical Fitness Concepts and Applications (3) (or)
PHE 325 Physiology of Activity (3)
PHE 383 Sports Officiating (1)
PHE 423 Psychology of Coaching (3)
+ 2 hours of coaching electives

Beneficial Psychology Course:

PSY 349: Applied Learning in Psychology Cooperative Study (1-8) Get coaching experience as undergraduate

Depending on career goals: consider minor in Recreation and Park Administration

COURSE ELECTIVES TO PREPARE FOR GRADUATE SCHOOL

SCHOOL PSYCHOLOGY

These psychology courses should be taken at the undergraduate level in preparation for graduate course work in school psychology:

PSY 300 Social Psychology (3)
PSY 305 Psychology of Personality (3) Gen. Ed. 12
PSY 308 Abnormal Psychology (3)
PSY 311 Physiological Psychology (3)
PSY 312 Infant and Child Development (3)
PSY 314 Adolescent and Adult Development
PSY 317 Cognitive Psychology
PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
PSY 401 Senior Thesis (3)
PSY 405 Psychological Interviewing and Reporting (3)
PSY 406 Behavior Therapy (3)
PSY 408 Child Psychopathology (3)
PSY 590 Tests and Measurements (3)

**A minor in special education containing the following courses is highly recommended.**

SED 275 Communication Disorders (3)
SED 341 Behavior Management (3)
SED 351 Special Education Assessment (3)
SED 360 Normal Speech and Language Development (3)
SED 575 Nature and Needs of Exceptional Students (3)
SED 578 Behavior Disorders (3)
SED 579 Learning Disabilities (3)
SED 590 Applied Behavior Analysis (3)

**Child and Family Studies courses to consider:**

CDF 132 Introduction to the Family (3)
CDF 241 Prenatal and Infant Development (3)
CDF 247 Family Involvement with Young Children (3)
CDF 342 Child and Adolescent Development (3)
CDF 437 Family Resiliency (3)

**SCHOOL COUNSELING**

School counseling graduate degree requires two years of teaching or mental health field experience.

Beneficial Psychology Courses:

PSY 312 Infant and Child Development (3)
PSY 313 Learning (3)
PSY 314 Adolescent and Adult Development (3)
PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
PSY 401 Senior Thesis (3)
PSY 405 Psychological Interviewing and Reporting (3)

Apply to School Counseling graduate program in the Education Department
INDUSTRIAL/ORGANIZATIONAL (I/O) PSYCHOLOGY

These psychology courses should be taken at the undergraduate level in preparation for graduate course work in I/O psychology:

PSY 300 Social Psychology (3).
PSY 311 Physiological Psychology (3)
PSY 313 Learning (3)
PSY 317 Cognitive Psychology (3)
PSY 319 Industrial/Organizational Psychology (3)
PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
PSY 401 Senior Thesis (3)
PSY 404 Environmental Psychology (3)
PSY 405 Psychological Interviewing and Reporting (3)
PSY 479 History and Systems of Psychology (3)
PSY 497 Topics in Psychology: Psychology and Law (3)
PSY 590 Test and Measurements (formerly PSY 302)

Additional courses recommended:

ACC 201 Introduction to Financial Accounting (3)
ACC 202 Introduction to Managerial Accounting (3)
CCT 101 Introduction to Business (3)
CCT 201 Business Communications (3)
CCT 300 Managerial Reports (3)
ANT 120 Introduction to Cultural Anthropology (3)
ANT 210 Non-Industrial Societies Around the World (3).
ANT 211 Industrial Societies around the World (3) Fulfills BIO Any biology course (3)
CHE Any chemistry course (3)
CIS Any Computer Information Systems course
CIS 212 Introduction to Computer Information Systems (3).
CIS 230 Business Applications of Microcomputers (3)
CIS 300 Management Information Systems (3)
CSC Any Computer Science course
ECO 120 Economics in a world setting: Principles (3)
ECO 130 Contemporary Economic Problems (3).
ECO 230 Principles of Economics I (3)
ECO 231 Principles of Economics II (3)
ECO 300 Managerial Economics (3)
ECO 333 Human Resources Economics (3)
ENG Any composition course
GBU 201 International Business (3)
GBU 204 Legal and Ethical Environments of Business (3)
GBU 310 Law of contracts, Property, and Business Organizations (3)
GBU 311 Law of Commercial Transactions (3)
INS 370 Principle of Risk Management (3)
MAT any course in mathematics (3)
MGT 300 Principles of Management (3)
MGT 320 Human Resource Management (3)
MGT 340 Management Science (3)
MGT 370 Operations Management (3)
MGT 400 Organization Management (3)
MGT 410 Labor Relations (3)
MGT 430 International Management (3)
MGT 440 Human Resource Development (3)
MGT 445 Employee Recruitment and Selection (3)
MGT 480 Organization Behavior (3)
MKT 300 Principles of Marketing (3)
NAT Any Natural science course
PHY Any Physics course
POL Any Political science course
SOC 131 Introductory Sociology (3)
SOC 232 Introductory Sociological Analysis (3)
STA Any statistics course that does not overlap with PSY courses.
Apply to I/O graduate program in the Psychology Department.

CLINICAL PSYCHOLOGY

Clinical psychology is a very diverse field and includes work with wide array of client groups (e.g., children, adults, clients with particular diagnoses) in a variety of settings (e.g., outpatient, inpatient, residential, specialized treatment facilities). This diversity makes it difficult to identify specific courses that would prepare students for graduate school. The best advice is to work with your advisor to identify a minor (or even a second major) or courses in other departments related to your area of interest. Listed below are some courses offered by the Psychology Department that may be particularly relevant to students interested in clinical psychology regardless or specific area of interest.

These psychology courses should be taken at the undergraduate level in preparation for graduate course work in school psychology:

PSY 305 Psychology of Personality (3)
PSY 308 Abnormal Psychology (3)
PSY 311 Physiological Psychology (3)
PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
PSY 405 Psychological Interviewing and Reporting (3)
PSY 406 Behavior Therapy (3)
PSY 408 Child Psychopathology (3)
PSY 466 Forensic Psychology
PSY 490 Clinical Psychology (3)
PSY 590 Tests and Measurements (3)

CLINICAL PSYCHOLOGY WITH CERTIFICATION IN DEAF STUDIES

These courses should be taken at the undergraduate level in preparation for deaf certification:

ASL 101 American Sign Language I (3)
ASL 102 American Sign Language II (3)
ASL 201 American Sign Language III (3)
ASL 202 American Sign Language IV (3)
ITP 115 Heritage and Culture of the Deaf (3)
SED 337 Education of the Deaf and Hard of Hearing (3)
PSY 349 Applied Learning in Psychology Cooperative Study (1-8) (Get related work experience as an undergraduate)
PSY 401 Senior Thesis (3)
PSY 497 Topics in Psychology: As pertaining to deafness and mental health (3)

Apply to Clinical Psychology graduate program in the Psychology Department; Complete extra forms for Deaf Studies.

Other Professional Graduate Degrees

For each professional program there are specific recommended courses that are listed in the undergraduate catalog. Additionally, there are advisors who can help you make good decisions at the undergraduate level to increase your chances of being accepted into the professional program of your choice.

All Pre-Professional Careers

PSY 349: (Co-op) Get related work experience as undergraduate

(Consult with the following for advising)
**Pre-Medical Careers**  
Dr. Suzanne Byrd, Biology Department – Suzanne.byrd@eku.edu

**Pre-Law**  
Prof. Lynette Noblitt, Department of Government – 622 - 5931

**Pre-Physical Therapy / Physician Assistant / Dental Hygiene / Other Health Careers**  
Dean’s Office, College of Health Sciences – 622-1523

**Pre-Pharmacy**  
Dr. Martin Brock, Biology Department – 622 - 1460

**EXPLORING CAREER DIRECTIONS**

**PSY 258** is a 3-credit course that is designed to help you prepare for your future career. The purposes of this course are: 1) to inform undergraduate Psychology majors of the different job options available to them following graduation, 2) to educate undergraduates on the requirements for graduate school admittance, and 3) to educate undergraduates on the mechanics of interviewing for and obtaining a job following graduation. Take PSY 358 in the **fall of your junior year, OR during your first semester as a Psychology Major if you transferred from another school and/or changed your major to Psychology after taking an orientation course in another field.**

**Career Services** (SSB 465: 622-2765) can help you decide on career goals, create a resume, prepare for job interviews, and find job opportunities.

**Co-op** (PSY 349). Co-op is an upper-division course in which students work in job placements related to their career goals. Co-op placements allow you to explore various career directions, gain work experience, enhance your resume and enhance graduate school applications.

**Information about Co-op**

A job counselor is available to help students find appropriate placements. Students can earn 1 college credit for every 80 hours of work. Students can register for 1—8 hours of credit per semester and up to 16 total credits while at EKU. The first 3 credits may be applied toward the Psychology degree as a PSY elective; additional credits count as upper division free electives (not psychology electives).
Benefits of Co-op

Working in a co-op position provides students with opportunities to explore various career directions, build skills for future academic or work goals, and enhance resume and application to graduate school. Additionally, most students are paid for their work in a co-op placement. However, volunteer work is often accepted, and hours from multiple work placements can be summed.

Eligibility for Co-op

- GPA 2.0 or higher and at least 15 credits of Psychology courses
- Transfer students: at least 2nd semester at EKU

To Get Started

See Dr. Lorden, Cammack 118, 622-1109; rosanne.lorden@eku.edu
Sample Job Placements *(not a complete list)*

- Research assistant
- Pre-trial services officer; judicial affairs assistant
- Mental Health Associate at various institutions for mentally ill adults/children
- Individual and group work with children/youth with various problems
- Substitute teaching; work in school system in various other capacities
- Human resource/managerial positions in a variety of types of organizations
- Academic tutors/mentors (for all ages)
- Nonprofit organizations where psychology skills are utilized *(Examples: Big Brother/Sister; Hospice; Crisis Hotlines; YMCA)*
- Job counselor

*Always try to get employment (including any part-time and summer work) that is related to your career goals.*

GRADUATE SCHOOL

General Information: What do Graduate Admissions Committees Look For?

GPA. At least 3.0 *(especially last 2 years of undergraduate degree)*
GRE. General test for most programs; Subject test for most Doctoral program *(required scores vary by school)*

Letters of Recommendation. Typically 3 letters from faculty are required. Letters from work supervisors can be helpful but should be in addition to the 3 letters from faculty.
Job/Volunteer Experience. Experience in appropriate area will enhance your application. Co-op is one way to get such experience.

Research Experience. PSY 401 and/or research with faculty person
Conference Presentation. Presentation of research at conference will enhance your application.

**Four Year Plan for Getting into Graduate School**

**Freshman Year**

1. Take courses to explore various career interests. Begin to narrow down your list of possible careers. See *Exploring Various Career Directions* above.

2. Join Psychology Club

3. Talk with faculty and other Psychology majors about interests

4. Participate in several psychology studies to learn about research and to help you identify your interests.

5. Keep your Introductory Psychology textbook. You will need it to study for the GRE subject test and/or exams in graduate school.

6. Create an outline of the courses you plan to take for the remainder of your undergraduate career. Your advisor can help you with this plan.

**Sophomore Year**

1. Decide on 2—3 career options and focus your course work on these choices

2. Join Psi Chi (*academic honors organization for psychology*)

3. Take PSY 309 in the fall

4. Take PSY 310 in the spring

5. Begin Co-op experiences

6. Develop research relationship with a faculty person *See Research Opportunities*

7. Consider a minor. It should be in a rigorous field and related to career direction
8. Start a file. Keep notes of accomplishments for your future resume/vitae. **Include:** papers on which your earned good grades, work/volunteer experiences, research experiences, activities in class that build job-related skills.

**Junior Year**

1. Take PSY 258 in fall
2. Take PSY 401 fall or spring
3. Continue research relationship with faculty member
4. Continue Co-op experiences
5. Join a professional organization as a student affiliate (e.g., APA, APS, SEPA)
6. Seek out information on various graduate programs (APA Guide to Graduate Study)
7. Ask faculty for letters of recommendation (usually 3)
8. Study for the GRE. ENR 201 (Vocabulary Development) I and MAT 107 are good preparation for the GRE (**See information below**).

**Summer between Junior and Senior Year**

1. Gather information and applications from prospective graduate programs. Learn about the faculty at the schools and what types of jobs their students are trained for. Call or e-mail Program Chairs for additional information about each program.
2. Decide to which schools you want to apply.
3. If you are considering a Doctoral program, contact a faculty person with whom you are interested in working. Consider visiting the school.
4. Continue to study for the GRE.
5. Talk to advisor or faculty mentor about presenting research at conference
6. Take the GRE General test late in the summer.
**Senior Year: FALL**

1. Present research at conference

2. Create drafts of your vitae and personal statement. *Ask faculty for feedback*

3. Check transcript for errors

4. Apply for graduation by late October

5. Create a packet of materials to give to faculty who have agreed to write letters of recommendation for you. Give to faculty by late November (or earlier).

6. Complete applications for graduate programs

7. Give materials for letters of recommendations to faculty persons

8. If needed: Take the GRE Subject Test.

**Senior Year: SPRING**

1. Send applications to graduate programs well before the deadline date. Check several weeks prior to each deadline to determine if your file is complete at each school. If not complete, remedy the problem and re-check until file is complete.

2. Present your research at the annual Undergraduate Presentation (UP) Showcase at EKU each April. (contact Dr. Darrin Smith: Darrin.smith@eku.edu)

**Information about the GRE (Graduate Record Exam)**

**General Information**

The GRE has (a) a general test and (b) the psychology subject test. Most graduate programs require the general test. Some Doctoral programs require the subject test (and the general test). Talk with your advisor about preparing for the GRE as early as possible (your Freshman year is not too soon).

**How to study for the GRE**

A. Take courses as part of General Ed or electives.
ENG 101, 102, + extra writing courses, MAT 107 or higher, PHI 100, ENR 201 (Vocabulary Development)

B. Buy study guides

C. Use on-line study guide (CD): available in most bookstores

D. Use on-line study guide on GRE website (www.gre.org)

E. Optional: Pay for GRE prep courses offered on campus

Research Opportunities at EKU

PSY 401 Senior Thesis
PSY 402 Independent Work in Psychology (with a faculty supervisor)
PSY 403 Practicum in Psychology (assist with a faculty research project)
PSY 349 (Co-op; seek work experiences involving research)
OTHER: Volunteer to work with faculty person who is conducting research
Reasons to Major in Psychology

1. Psychology is an exciting and relevant science.
The science of psychology provides a fascinating and valuable perspective on us and our social environment. In psychology we investigate questions about affective, cognitive, social, and behavioral processes. These investigations provide an important contribution to our understanding of human and other animal behavior.

2. Psychology prepares you for many possible job opportunities.
While completing a Psychology major, students develop many of the skills that are most important to a large variety of employers. This allows Psychology majors to “cast a wide net” when applying for jobs, and to consider a wide variety of careers, as well as, apply for a large number of jobs. This improves the Psychology major’s likelihood of both finding a job and enjoying the job that he or she finds.

3. There are always jobs available for Psychology majors.
Even in the toughest of economic times, there will be employers looking for qualified job applicants. Because psychology majors acquire a variety of valuable skills, they are prepared for a wide variety of careers.

4. Many jobs for which a Psychology major would be qualified involve service in some way.
Many students become interested in Psychology because they would like to “help people” by providing clinical services. However, the majority of Psychology majors are not interested in completing a graduate degree. While it is true that a graduate degree is required for individuals who want to provide clinical service to clients, it is also the case that many of the jobs for which Psychology majors are qualified often involve providing “service” to others. For example, the Human Resources employee at a company facilitates the distribution of benefits to employees, while the Associate Director of Residence Life at a University helps to settle disputes between residents of the same floor in a dorm.

5. The skills and knowledge you learn in Psychology are broadly applicable to many facets of adult life.
In addition to promoting the development of skills wanted by employers, the skills and knowledge that the Psychology major develops will apply to other aspects of adult life. For example, the knowledge learned in Developmental Psychology can improve parenting skills. The listening skills learned in an Interviewing class can improve interactions with others. The planning and implementation skills learned by serving as the Psychology Club President can
help with travel planning or volunteer work.

6. Psychology Teaches Skills That Employers Want:

- Writing
- Oral Communication
- Reading Comprehension
- Attentive Listening
- Interpersonal
- Understanding of Human Behavior
- Statistical/Research
- Computer Skills
- Critical Thinking
- Organization
- Team Work
- Stress Awareness/Management
- Personal Responsibility
- Ethics and Values
- Flexibility/Adaptability to Change
- Motivation/Work Ethic
- Willingness to Learn
- Ability to Suggest Solutions

7. Psychology is fun!

Students are more likely to be successful in college if they enjoy their course work, and Psychology is a most enjoyable field to study.
Undergraduate Psychology Courses (PSY)

200 Introduction to Psychology (3)  Prerequisite: Completion of developmental reading requirement. A survey of the major content areas and methods of psychology, including history, biological correlates, cognition, language, intelligence, motivation, emotion, development, personality, abnormal, therapy, and social behavior. Credit will not be awarded for PSY 200 and PSY 200W.

200W Introduction to Psychology: Writing Intensive. (3)  Prerequisites: ENG 102 or 105 (B) or HON 102 and completion of developmental reading requirement. A writing intensive survey of the major content areas and methods of psychology, including history, biological correlates, cognition, language, intelligence, motivation, emotion, development, personality, abnormal, therapy, and social behavior. Credit will not be awarded for PSY 200 and PSY 200W.

250W Information Literacy in Psychology. (3)  Pre- or Co-requisites: PSY 200, ENG 102. Completion of developmental reading and writing requirements. Information literacy, reading, evaluating, summarizing scientific literature in Psychology; scientific writing (APA format); basic research terminology.

258 Career Development in Psychology. (3)  Prerequisite or Co-requisite: PSY 250 or PSY 250W. This course will acquaint psychology majors with career opportunities in psychology, and help students recognize and build the skills and credentials they need to gain entry into their desired career field. Credit will not be awarded to students who have credit for PSY 358.

280 Life Span Developmental Psychology. (3)  Prerequisite: PSY 200 or instructor approval. A survey of theory and research in developmental psychology across the entire life span. May not be applied to the Psychology major.

300 Social Psychology. (3)  Prerequisite: PSY 250 and ENG 102 or ENG 105(C) or HON 102. A study of the power of situations and the social environment to affect human behavior. Topics include: attitudes, persuasion, prejudice, discrimination, group behavior, interpersonal attraction, aggression and prosocial behavior. Credit will not be awarded for both PSY 300 and PSY 300W.

300W Social Psychology. (3)  Prerequisite: PSY 250 and ENG 102 or ENG 105 (B) or HON 102. Writing intensive study of the power of situations and the social environment to affect human behavior. Topics include: attitudes, persuasion, prejudice, discrimination, group behavior, interpersonal attraction, aggression and prosocial behavior. Credit will not be awarded for both PSY 300W and PSY 300.
305 Psychology of Personality. (3) Prerequisite: PSY 200, ENG 102, CMS 100/102 or departmental approval. Basic approaches to the study of personality. Theories and research about how personality affects behavior and life outcomes.

308 Abnormal Psychology. (3) Prerequisite: PSY 200 and ENG 102 or ENG 105(C) or HON 102. Descriptive study of the nature, course, classification and prevalence of abnormal behavior, with attention to intellectual, personality, cognitive, sensory and motor functions.

309 Psychology: Statistical-Experimental I. (4) Prerequisites: MAT 105(C) or MAT 106(C) or any MAT course above 106, and PSY 250 ENG 102 or ENG 105(C) or HON 102. Introduction to the various research methods and descriptive statistics used in Psychology.

310 Psychology: Statistical-Experimental II. (3) Prerequisites: PSY 309(C) and ENG 102 or ENG 105(C) or HON 102. Introduction to inferential statistics and continuation of PSY 309 with an emphasis on experimental research methods in Psychology.

311 Physiological Psychology (3) Prerequisite: PSY 250 and ENG 102 or ENG 105(C) or HON 102. Facts, concepts, and principles regarding physiological events that underlie behavior. Attention to contemporary research methods and problems undergoing study.

312 Infant and Child Development. (3) Prerequisite: PSY 200 and ENG 102 or ENG 105(C) or HON 102. Theoretical and empirical approaches to the development of the infant and child with attention to perceptual, behavioral, social, and cognitive development and the capacity for learning.

314 Adolescent and Adult Development. (3) Prerequisite: PSY 250 and ENG 102 or ENG 105(C) or HON 102. Survey of biological, psychological, social, cognitive, and historical influences on adolescent and adult development.

315 Sensation and Perception. (3) Prerequisite: PSY 250, and ENG 102 or ENG 105(C) or HON 102. Experimental study of sensation and perception, the sensory and cognitive processes by which we come to know our world. Credit will not be awarded for both PSY 315 and PSY 315L.

315L Sensation and Perception with Lab. (4) Prerequisites: PSY 250, and ENG 102 or ENG 105(C) or HON 102. Experimental study of sensation and perception, the sensory and cognitive processes by which we come to know our world. 3 Lec/2 Lab. Credit will not be awarded for both PSY 315 and 315L.
316 Aging and Senescence. (3) Prerequisite: PSY 200 and ENG 102 or ENG 105(C) or HON 102. Theory and facts about aging changes in sensory processes, intellect, memory, personality, family and psychopathology.

317 Cognitive Psychology. (3) Prerequisite: ENG 102 or ENG 105(C) or HON 102. Prerequisite or Co-requisite: PSY 309. Theoretical and empirical approaches to human cognition. Topics include knowledge acquisition and organization, memory, language, problem solving, and thinking skills. Credit will not be awarded for both PSY 317 and 317L.

317L Cognitive Psychology with Lab. (4) Prerequisite: ENG 102 or ENG 105(C) or HON 102. Prerequisite or co-requisite: PSY 309. Theoretical and empirical approaches to human cognition. Topics include knowledge acquisition and organization, memory, language, problem solving, and thinking skills. 3 Lec/2 Lab. Credit will not be awarded for both PSY 317 and 317L.

319 Psychology of Work (3) Prerequisite: PSY 250, and ENG 102 or ENG 105(C) or HON 102, and CMS 100 or CMS 210. Application of psychological theories and procedures to the world of work. Topics include personnel policies and administration, performance management, organizational theory, behavior and development, occupational health, and leadership. Credit will not be awarded for both PSY 319 and 319S.

319S Psychology of Work. (3) Prerequisite: PSY 250, and ENG 102 or ENG 105(C) or HON 102, and CMS 100 or CMS 210. Application of psychological theories and procedures to the world of work. Topics include personnel policies and administration, performance management, organizational theory, behavior and development, occupational health, and leadership. Service learning is included in course. Credit will not be awarded for both PSY 319 and 319S.

320 Health Psychology. (3) Prerequisite: PSY 250, and ENG 102 or ENG 105(C) or HON 102. Theoretical and research perspectives on the relationship between psychological factors and health. Emphasis on utilizing psychological principles and methodology to understand and change illness and health behaviors. Credit will not be awarded for both PSY 320 and PSY 410.

333 Comparative Psychology (3) Prerequisites: PSY 250, and ENG 102 or ENG 105(C) or HON 102. A survey of theory and research in the psychology of animals. Topics include history of scientific studies, learning, memory, representation, intelligence, knowledge, innovation, culture, communication, development, emotion, social skill, consciousness, and theory of mind.
349 Applied Learning in Psychology. (1-8) Prerequisites: PSY 250 and instructor approval. Work in placements related to academic studies. A minimum of 80 hours employment required for each semester hour credit. Three hours may be applied toward the major, not applicable toward a minor. Course may be repeated for up to 16 credits total. Graded Satisfactory/Unsatisfactory.

349 Cooperative Study: Psychology. (1-8) Prerequisites: PSY 250 and instructor approval. Work in placements related to academic studies. A minimum of 80 hours employment required for each semester hour credit. Three hours may be applied toward the major, not applicable toward a minor. Course may be repeated for up to 16 credits total. Graded Satisfactory- Unsatisfactory.

397 Topics in Psychology (3) . Prerequisites: PSY 250, and ENG 102 or ENG 105(C) or HON 102, Selected topics for study. Variable topics across semesters in terms of student interest and available faculty. May be retaken for a maximum of 12 credits, provided the subject matter differs each time.

392 Environmental Psychology. (3) Prerequisites: PSY 200, and ENG 102 or ENG 105(C) or HON 102. Study of ways in which people influence the environment and are influenced by it. Issues include discussion of both the natural and build environment.

400 Senior Seminar. (3) Prerequisite PSY 311 or PSY 315, and PSY 313 or PSY 317 or PSY 333, and PSY 312 or PSY 314 or PSY 316, and PSY 300 or PSY 305 or PSY 308, and CMS 100 or CMS 210, or departmental approval. Prerequisite or co-requisite: PSY 310, or departmental approval. The senior seminar examines contemporary psychological issues from each of the five core perspectives. Issues vary from semester to semester. May be retaken once, provided the subject matter differs each time.

401 Senior Thesis. (3) Prerequisite: PSY 310(C), and ENG 102 or ENG 105(C) or HON 102, and CMS 100 or CMS 210. Design, execution, and writing of a supervised independent research project. Credit will not be awarded for both PSY 401 and 401W.

401W Senior Thesis: (3) Prerequisites: ENG 102 or ENG 105(B) or HON 102, and PSY 310(C), and CMS 100 or CMS 210. Design, execution, and writing of a supervised independent research project. Credit will not be awarded for both PSY 401W and PSY 401.

402 Independent Work in Psychology. (1-3) Prerequisite: student must have the independent study proposal form approved by facultysupervisor and department chair prior to enrollment. Results must be presented in a formal paper. May be retaken to a maximum of six hours provided different problems are studied.
403 Practicum in Psychology. (1-3) Prerequisite: student must have the field experience proposal form approved by faculty supervisor and department chair prior to enrollment. Supervised field experience in research or applied settings. May be retaken to a maximum of six hours.

405 Introduction to Interviewing/Therapy (3) Prerequisite: PSY 250, and PSY 308, and ENG 102 or ENG 105(C) or HON 102. Introduction to the basic concepts and skills of interviewing and therapeutic communication in the mental health field.

406 Introduction to Behavior Therapy. (3) Prerequisite: PSY 250, and PSY 308, and ENG 102 or ENG 105(C) or HON 102. Principles and techniques of applying behavioral principles in the analysis of complex human behavior. Emphasis is placed on methods of observing behavior and analyzing functional relationships between behavior and environment.

408 Child Psychopathology. (3) Prerequisite: PSY 250, and PSY 308, and PSY 280 or PSY 312, and ENG 102 or ENG 105(C) or HON 102. Descriptive study of behavior disorders in children, with attention to symptoms or behavioral patterns, etiological influences, relevant research, theoretical underpinnings, and approaches to assessment and intervention.

412 Psychology of Art. (3) Prerequisite: Psy 250, and PSY 305, and PSY 308, and ENG 102 or ENG 105(C) or HON 102, or departmental approval. Exploration of the ways in which selected psychological principles contribute to our understanding of art and the artist.

413 Mind and Brain (3) Prerequisite: Prerequisites: PSY 250, and PSY 311(C) or 313(C) or 315(C) or 317(C), and ENG 102 or ENG 105(C) or HON 102. A bridging discipline between cognitive science and biopsychology that examines the neural bases of mental processes and complex behavior. Major topics include functional brain imaging, neural networks, perception, memory, language, and consciousness.

414 Political Psychology (3) Prerequisite: Psy 250, and PSY 300, and ENG 102 or ENG 105(C) or HON 102, and CMS 100 or CMS 210, or departmental approval. Seminar covers research that applies psychological methods and theory to politics. Areas covered include personality and politics, and the psychological perspectives of media bias, ideology, conflict, prejudice, and terrorism.

415 Multicultural Psychology (3) Prerequisite: PSY 250, and PSY 300, and ENG 102 or ENG 105(C) or HON 102, or departmental approval. Examines the value-laden nuances of mainstream psychology and its early history of promoting discrimination toward diverse groups in American society, while introducing the multicultural approach for combating the resulting “isms” (e.g. racism, genderism).
420 Psychology of Women and Gender. (3) Prerequisite: Psy 250, and PSY 300, and ENG 102 or ENG 105(C) or HON 102, or departmental approval. Introduction to current and historical theories and research into the psychology of women, including gender differences and similarities.

466 Forensic Psychology. (3) Prerequisites: PSY 250, and PSY 300, and PSY 308, and ENG 102 or ENG 105(C) or HON 102. Survey of the major areas of forensic psychology including mental health law, experimental psychology and the legal system, forensic assessment, theories of criminal behavior, and correctional psychology. Credit will not be awarded for both PSY 466 and PSY 411.

477 Psychology of Intellectual and Developmental Disabilities. (3) A. Prerequisites: PSY 200, PSY 250 or PSY 250W, PSY 308, PSY 408, and PSY 280 or PSY 312; or instructor approval. Survey of developmental disabilities, including causes, impacts on the individuals and their families, and intervention approaches, as well as broader topics such as education, service delivery approaches, and ethics.

490 Clinical Psychology. (3) Prerequisite: Psy 250, and PSY 308, and ENG 102 or ENG 105(C) or HON 102. Survey of clinical theories, methods, and approaches.

497 Topics in Psychology. (3) Prerequisite: Psy 250, and ENG 102 or ENG 105(C) or HON 102, and departmental approval. Selected topics for study. Variable topics across semesters in terms of student interest and available faculty. May be retaken, provided the subject matter differs each time.

530 Cognitive Development (3) Prerequisites: PSY 250 and PSY 312 or PSY 314, or departmental approval. Overview of how individuals become intelligent through the acquisition of knowledge, learning to reason, think, and engage in abstract thought.

577 The Autism Spectrum. (3) Prerequisites: PSY 280 or PSY 312, and PSY 308, and PSY 309, and ENG 102 or ENG 105(C) or HON 102, or departmental approval. Introduction to assessment, diagnosis, and intervention in autism spectrum disorders across the life span. Development of skills in applied assessment and intervention.

579 History and Systems of Psychology. (3) Prerequisites: Psy 311 or PSY 315, and PSY 313 or PSY 317 or PSY 333, and PSY 312 or PSY 314 or PSY 316, and PSY 300 or PSY 305 or PSY 308, or departmental approval. Prerequisite or co-requisite: PSY 310, or departmental approval. A survey of the history of psychology and its various schools of thought and approaches to the study of behavior and mental processes.

590 Tests and Measurements. (3) Prerequisite: Psy 309, and ENG 102 or ENG 105(C) or HON 102, or departmental approval. Study of measurement principles with application in
psychology, business, industry, and government. Interpretation, use, and evaluation of measurement and job analysis methods. Reliability, validity, utility, ethical/legal concerns are examined.

597 Advanced Topics in Psychology: (3) Prerequisites: Psy 250, and ENG 102 or ENG 105(C) or HON 102, and or departmental approval. Selected topics for advanced study. Topics vary across semesters depending on student interest and available faculty. May be retaken, provided the subject matter differs each time.

NOTE: Writing Intensive (W) versions of PSY courses are equivalent to their non-W counterparts for the purpose of satisfying major and prerequisite requirements.
Opportunities to Study Abroad

EKU students can participate in diverse study abroad opportunities, immersing themselves in foreign cultures and climes for course credit and personal growth. Programs last from two to five weeks to an entire semester in dozens of countries around the world including China, France, Italy, Japan, Ecuador, Spain, Turkey, Australia, Brazil, and England. Courses covering a wide variety of topics, including psychology, are available during the fall, spring, and summer sessions, and during the winter and spring breaks. The Psychology Department strongly encourages students to study abroad and, dependent on student interest, offers courses in Observation of Animal and Human Behavior, Human Ethology and Nonverbal Behavior, Psychology of Art, Psychology of Religion, and Psychological Disorders of Children. Though we urge students to learn new languages, study abroad classes are taught in English and students are not required to speak a foreign language to participate (except in some advanced foreign language courses). A limited number of scholarships are available to qualified students.

Eastern is a member of the Kentucky Institute for Study Abroad and the Cooperative Center for Study Abroad. You can visit their websites for more information (http://www.kiis.org and http://www.ccsa.cc/). In addition, the Psychology Department periodically offers its own study abroad programs in Ecuador and Spain.

If you would like to learn more about these exciting opportunities, contact Drs. Rosanne Lorden (Rosanne.lorden@eku.edu), Robert Mitchell (Robert.mitchell@eku.edu), Steffen Wilson (steffen.wilson@eku.edu) or Robert Brubaker (robert.brubaker@eku.edu) in the Psychology Department or Michele Gore, the Director of Study Abroad for the university (michele.gore@eku.edu, 622-1705, Case Annex 178).

For information on scholarships for study abroad programs contact Dr. Brubaker.
Frequently Asked Questions

How can I get an override to register for a class that is closed or one for which I lack the prerequisites?

See the Psychology Department Administrative Assistant to request either a capacity or prerequisite override (you will be asked for the CRN and your name and student ID number). You will need permission from the course instructor first.

How do I register for an independent study?

PSY 402 (Independent Work in Psychology) is where you work with a faculty person, usually collaborating on a research project. However, if a faculty person asks you to assist with his/her research project, tutor for a class or work as a teaching assistant for a class, you may receive credit in PSY 403 (Practicum in Psychology). In any case, you must first discuss the project with the faculty person with whom you will be working. After the faculty person completes the necessary paperwork the Psychology Department will give you a CRN so that you can register for the course.

How do I add a class after the add/drop deadline has passed?

You are strongly discouraged from adding a psychology course after the last add date. However, if special circumstances warrant a late add, you must first get permission to add the course from the instructor. The instructor will complete the necessary paperwork, which you must have signed by the instructor, the chair of the Department, and the Dean of the College of Arts and Sciences. Getting the appropriate signatures does NOT register you for the course. After the Dean signs the paperwork, YOU must register for the course.

Who do I talk to if I'm interested in a co-op placement? Where does co-op fit into the major requirements?

First, see Dr. Lorden to discuss your interest in Co-op (PSY 349). Co-op can fulfill a requirement for your Psychology degree (as a PSY elective) and can be applied toward upper-division free electives. If you plan to attend graduate school, please note that both PSY 401 and Co-op may be good options for you. You should discuss your options with your advisor.
How do I appeal a grade in a course?
From the EKU University Handbook for Students (available online at www.eku.edu/students/):
"If a student believes that the final grade assigned in a course is unjustified, that student should consult the instructor, seeking a satisfactory explanation. If, after doing so, the student still feels that the grade is unjustified, the student may appeal the grade, in writing, to the department chair within 30 days after the beginning of the next semester (exclusive of summer sessions)."

Should I declare a second major? A minor? How?
A second major and/or minor may be useful if it is related to your future goals. Your advisor can help you make this decision. To add or change a major or minor, go to the EKU home page, and use the quick links to get to the Advising Department, or go to www.advising.eku.edu/changemajor.

What’s the best way to get in touch with a faculty member?
Psychology Department faculty post a schedule of office hours outside their office doors. Each faculty member has a mailbox in the Psychology Department office. Faculty phone numbers and email addresses are listed elsewhere in this handbook.

What’s the best way to get in touch with part-time faculty members
Part-time faculty usually keep limited office hours and are often not on campus during the day. They do have mailboxes in the Psychology Department office (Cammack 127) and email accounts. If it’s an emergency, the department administrative assistant may be able to contact the instructor by phone.

May students use the department photocopier (under what circumstances)?
The Department photocopier is for faculty/staff use only. Under special circumstances, a faculty person may give a student permission to use the photocopier (code numbers are required). The closest photocopier for student use is in the Library.

Is there a telephone in Cammack for students to use.
There is a telephone in the Psychology Department office (Cammack 127) available during regular office hours for use by students in emergency situations. There is no phone available after hours.
How do I register to take the GRE?

*For information on registering to take the GRE, visit [www.gre.org](http://www.gre.org). The GRE has undergone extensive revision in the content, scoring and administration. Check their website as soon as possible.*

Where can I get help with making decisions about, and preparing for, my future?

Career Services and PSY 258 are great resources. You will find more information about both in the “Preparing For the Future” section of this handbook.

How do I find out if courses from another school will transfer to EKU?

To ensure that you receive EKU credit for courses taken elsewhere: (a) request that a copy of your transcript from the other school be sent to the EKU Records Office (SSB CPO 58). The transcript must be official and must show a final grade; (b) make an appointment with the Transfer Coordinator to discuss your transfer courses. The Transfer Coordinator is Scott Summers (Advising Office: SSB 129; 622-2276); (c) review your DegreeWorks Report with your advisor to make sure transfer courses have been applied to your degree.

When should I apply for graduate school? How do I apply?

Each school has its own deadline for receiving applications to a graduate program (typically, January - March). You should send your application several weeks before the deadline, and check with each school to ensure your materials have been received. For more information about applying to graduate school see the “Preparing for the Future” section of this handbook. Also, PSY 258 will help you prepare the appropriate materials for applications to graduate programs.

Some important contact information:

*To get credit for courses taken at another school:* Scott Summers, Transfer Coordinator, Advising Office, SSB 129. 622-2276. scott.summers@eku.edu
**To apply for graduation:**

1. Log on to EKU Direct
2. Click "Student Services & Financial Aid"
3. Click "Student Records"
4. Click "Apply to Graduate"

If the graduation date you want to apply for is not listed or if the information offered is incorrect contact Megan Estes, Academic Specialist, Roark 108. 622-1398. Megan.estes@eku.edu

**To register for Co-op:** Dr. Lorden, Cammack 118. 622-1107. rosanne.lorden@eku.edu at 622-2378.

**Information about Psi Chi or Psychology Club:** Dr. Botts, Cammack 223. 622-2318. theresa.botts@eku.edu

**Help with job hunting, preparing resumes, and preparing for interviews:** Career Services, SSB 465. 622-8649.

**How do I resolve a problem involving one of my instructors?**

Start by discussing the problem with the instructor. If that doesn’t resolve the matter, talk with your advisor or with the department chair (Dr. Brubaker). They will advise you about further steps to take.

**Can I get my RAC number from the department Administrative Assistant or the department Chair?**

**No. Your advisor is the only person who can give you your RAC number.** This policy is designed to ensure that before you register you understand where you are with respect to completion of university and major requirements. It is also important that you discuss other matters with your advisor such as your success in your courses and your long-term goals.

**How do I make an appointment to see an instructor or my advisor?**

All faculty members (including the department chair) have a list of office hours posted outside their office door. Also, during the official Advising Periods, advisors post sign-up sheets on their door for advising appointments.
## SAMPLE CURRICULUM GUIDE FOR B.S. DEGREE IN PSYCHOLOGY

### Year 1: Freshman

<table>
<thead>
<tr>
<th>First Semester</th>
<th>Year 2: Sophomore</th>
<th>Year 3: Junior</th>
<th>Year 4: Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td>GSD 101</td>
<td>PSY 309 (4 hrs.)</td>
<td>PSY 258</td>
<td>PSY Capstone</td>
</tr>
<tr>
<td>GE E-1A</td>
<td>PSY 312</td>
<td>PSY 311</td>
<td>GE E-6</td>
</tr>
<tr>
<td>GE E-2</td>
<td>GE E-3A</td>
<td>PSY 349 (PSY Elective)</td>
<td>PSY Elective</td>
</tr>
<tr>
<td>Wellness</td>
<td>GE E-5A</td>
<td>GE E-4B</td>
<td>PSY 349 (PSY Elective)</td>
</tr>
<tr>
<td>PSY 200</td>
<td>Elective (2 hrs.)</td>
<td>Elective</td>
<td>Elective</td>
</tr>
<tr>
<td><strong>total hours: 15</strong></td>
<td><strong>total hours: 15</strong></td>
<td><strong>total hours: 15</strong></td>
<td><strong>total hours: 15</strong></td>
</tr>
</tbody>
</table>

### Year 2: Sophomore

<table>
<thead>
<tr>
<th>First Semester</th>
<th>Year 2: Sophomore</th>
<th>Year 3: Junior</th>
<th>Year 4: Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY 250</td>
<td>PSY 310</td>
<td>PSY 317</td>
<td>PSY Elective</td>
</tr>
<tr>
<td>PSY 308</td>
<td>GE E-3B</td>
<td>PSY 405</td>
<td>PSY 349 (Elective)</td>
</tr>
<tr>
<td>GE E-1B</td>
<td>GE E-5B</td>
<td>PSY 349 (Elective)</td>
<td>Elective</td>
</tr>
<tr>
<td>GE E-1C</td>
<td>PSY Elective</td>
<td>GE E-6</td>
<td>Elective</td>
</tr>
<tr>
<td>GE E 4A</td>
<td>Elective</td>
<td>Elective</td>
<td>Elective</td>
</tr>
<tr>
<td><strong>total hours: 15</strong></td>
<td><strong>total hours: 15</strong></td>
<td><strong>total hours: 15</strong></td>
<td><strong>total hours: 15</strong></td>
</tr>
</tbody>
</table>

### Year 3: Junior

### Year 4: Senior

### NOTE:

This is intended to be a sample only. For information on planning your individual schedule, refer to the Handbook for Psychology Majors and consult with your advisor. All courses are 3 credit-hours unless otherwise indicated.

### ELECTIVES:

Electives can include additional hours of PSY courses.

### CAPSTONE:

Students can use PSY 400 Senior Seminar, PSY 401 Senior Thesis, or PSY 579 History and Systems of Psychology to meet the Capstone requirement.
Psychology is the science of behavior and mental processes. Insights into criminal behavior can be explored from several psychological perspectives.

**Clinical Psychology** concerns the understanding and treatment of psychological disorders. Clinical forensic psychologists may evaluate criminal defendants for competency to stand trial, criminal responsibility or risk for future violence. Clinical and forensic psychologists have learned:

- Individuals with a psychopathic personality are at an increased risk for future violence and do not appear to benefit from psychological treatment designed to curb criminal behavior.

- Therapy is difficult with criminals since they often don't care what others think of them and are as likely to lie to therapists as to anyone else.

**Cognitive Psychology**, the study of how people think, includes attention, memory, problem solving and decision making. It helps us explore judgments guiding criminal behavior, as well as factors that create false memories and influence the accuracy of eyewitness testimony. Cognitive psychologists have learned:

- Witnesses’ memories of events related to crimes can be distorted by the way investigators ask questions and the information about the crime they share with the witness.

- The stress created by harsh interrogation procedures can lead to false confessions (and even cause innocent suspects to believe they were involved in a crime).
**Developmental Psychology** is the study of patterns of growth and stability that accompany the maturational process occurring from conception until death. Developmental psychologists have learned:

- Adolescents are more impulsive and sensation seeking than children and adults, and thus, can be drawn to behavior that is illegal.
- When secure, positive attachment is not established in the early years, it is more difficult to develop empathy. Without empathy, it is easier for individuals to harm other living things.

**Personality Psychology** is the study of how internal forces influence our thoughts and behaviors. These internal forces could be traits (such as vulnerability), needs (such as affection), cognitive thoughts or experiences (success or failure). From personality research, we know:

- Children who have lots of temper tantrums have a host of negative life outcomes as adults. They are more likely to be in unstable relationships, get divorced, be passed over for promotions and experience frequent unemployment.
- People who do not experience pain as strongly as others tend to use psychoactive drugs, start smoking at younger ages and drive faster.

**Industrial/Organizational Psychology** is the application of psychology to the workplace, which concerns workplace behavior and worker well-being. Industrial/organizational psychologists have learned:

- Homicide is the second leading cause of death in the workplace. Perpetrators often feel they have not been treated fairly by the organization.
- Personality factors such as narcissism and conscientiousness, in addition to situational factors such as feelings of being treated unfairly, are predictors of deviant workplace behaviors like theft and sabotage.
- Despite some high profile ethical offenses of executives in recent years (e.g., Enron), the majority of corporate managers are not entirely self-serving.

**Cultural Psychology** is the study of how cultures develop and how they affect the people living in them. Cultural psychologists have found:

- Perceived inequality and social injustices can lead to criminal activity.
- Cultures set the rules for what is considered masculine behavior, which greatly affects perceptions of risk-taking and aggression.
- Terrorism is linked to cultural
Social Psychology is the study of how people are influenced by the real or imagined presence of other people. Here are several findings from social psychology related to criminal behavior:

- Harsh penalties, such as the death penalty, do not deter most crimes because most crimes are not the result of rational thought.

- The debate about the influence of watching violence in the media on actual aggression exists only outside of scientific research. The evidence from research is very clear that watching violence is a contributing cause of aggression.

To learn more about studying Psychology at Eastern Kentucky University, call 859.622.1105, visit www.psychology.eku.edu or e-mail the Department Chair, Dr. Robert Brubaker, at robert.brubaker@eku.edu. Online degrees are also available. Details at www.psychonline.eku.edu.
Psychology and the Skills Employers Want

What are employers looking for in potential employees? Bill Coplin’s book, *10 Things Employers Want You to Learn in College*, identifies ten specific skills employers value. Read on and learn how a Psychology degree can help you become a more competitive applicant for just about any job.

**Taking Responsibility**

Are you self-motivated? Do you manage time well? Is your behavior ethical?

College students continually build responsibility by balancing competing demands such as:

- coursework
- personal health
- relationships
- employment
- family responsibilities

As a Psychology major, you will gain insight into different types of motivation and learn why some are healthier and more productive than others. Ethics are a key component of many Psychology courses as well.

**Communicating Verbally**

Do you have effective one-to-one communication skills? Can you give an engaging presentation? Employers want to know.

Your psychology studies will allow you to connect with classmates and faculty in a variety of meaningful ways. For example, many courses include making presentations that are enhanced by visual aids or presentation software.

Take advantage of opportunities outside the classroom to develop these skills, too. Join Psi Chi, the national Psychology honor society. Accept a co-op placement or internship. Engage in a research project with a faculty member. All of these experiences will strengthen your communication skills.

**Communicating in Writing**

Successful employees are proficient in writing, editing, and proofreading. They have the ability to use word-processing software and manage online communication effectively, too. Psychology students complete writing assignments of varying complexity throughout their course of study, honing their editing skills as they go.

Clear, concise Internet-based communication is also practiced, especially by online students. Everyone will benefit from the use of e-mail, discussion forums, Facebook, Twitter, LinkedIn, chats, and blogs. The EKU Psychology Department utilizes all of these communication formats to communicate and provide networking opportunities for students.

**Problem Solving**

Employers value the ability to identify problems, develop strategies, and implement solutions.

To be successful, you must also demonstrate adaptability, creativity, and optimism when solving problems. Critical thinking assignments in your psychology courses will challenge you to
problem solve and seek out innovative solutions. Service courses, peer tutoring, and faculty research teams are additional activities that build these skills.

**Gathering Information**

Many professions require you to find and evaluate information. In some cases, you may need to conduct interviews and surveys.

The EKU Psychology curriculum provides a solid foundation for research. Every student takes Information Literacy in Psychology and then further develops these skills through courses in research design and statistical analysis.

You can learn everything from how to search library holdings to how to compare the credibility of various sources.

Psychology courses also cover gathering information from individuals through interviews and surveys. Students who want to excel in this area might join a faculty member on a research project.

**Working with People**

Success involves building good relationships and working as part of a team, as well as teaching and learning from others.

Psychology majors demonstrate teamwork by completing group projects with their classmates.

There are additional opportunities to grow in this skill area by participating in a Co-Op, joining Psi Chi, serving as a peer tutor, completing a service course, and working on research team with a faculty member and other students.

**Influencing People**

Networking, leadership and management are all forms of influencing people. Group projects and opportunities outside the classroom such as Psi Chi, co-ops and service courses allow you to take on this role.

Give additional consideration to leadership positions found elsewhere on campus and in your community, too.

**Asking and Answering the Right Questions**

Critical thinking involves paying attention to detail, analyzing lines of reasoning, applying theories to the real world, and evaluating ideas.

Every course in the Psychology major challenges students ask and answer key questions through critical thinking assignments. By graduation, this will be your most highly practiced skill.